

THE PIPELINE

Volume 137

December 2025

STEP 12 "Having had a spiritual awakening as the result of these steps, we tried to carry this message to crystal meth addicts, and to practice these principles in all of our affairs."

Ah, Step 12....

While I can go on at length about the importance of service work and sponsorship (essential for Step 12), I instead want to touch on something else that goes hand in hand with carrying this message to other addicts. Practicing of these principles in ALL our affairs.

First off, what are the principles? There is a principle tied to each step:

Step 1: Honesty
Step 2: Hope
Step 3: Faith
Step 4: Courage
Step 5: Integrity
Step 6: Willingness
Step 7: Humility
Step 8: Love
Step 9: Discipline
Step 10: Patience/Perserverance
Step 11: Awareness
Step 12: Service

For me and many others, it's easy to practice these principles in the rooms/fellowship. As the Big Book says, "We are like the passengers of a great liner the moment after rescue from a shipwreck, when camaraderie, joyousness and democracy pervade the vessel from steerage to Captain's table." Even though our backgrounds might be different, we

have all been through this disease called addiction. I feel most comfortable in the rooms amongst you all, because you understand where I came from, without judgement or prejudice.

I find it very easy to be honest with you all, to show you patience and love, but what about outside the rooms? Do I show the same with my wife? With my children? When my 16-year old is being mouthy and acting like a normal 16-year old, can I show him the same patience I do a sponsee that is restless, irritable, and discontent? After all, he might be going through something at school, or something that is making his spirit sick, and if I can't practice these principles with him, then what?

How about the co-worker that "isn't pulling his weight?" Maybe they are going through something we're not aware of. Am I going to be short and controlling? Or how about the guy that cuts me off down the 101? Do I speed up angrily next to him, flip him off, and through a marble out the window? Or do I give these people the same grace I do to others like I do in the room and pray for them?

The answer is, "Yes, I have to practice these principles in ALL my affairs." Most

of our lives are not in these rooms, but out there, in the "real" world with the "normies" and others that are sick. I need to do my best to show what my Higher Power can do for someone and be of maximum service to ALL.

The thing is, Step 12 says, "...we tried to carry this message to other addicts...", it explicitly says, "THIS message." Not a message, or the message. THIS message. That's where the magic happens. Those last two parts of the step are mutually exclusive. If I am not practicing these principles in ALL my affairs—cheating on my taxes, hustling to make money, stealing cable, whatever goes against those principles—then I'm only carrying a message to everyone, and it's not the message of recovery. Clearly I'm not fulfilling the full measure of Step 12.

I mess up. We all do. But, the way all these steps are put together, even when I do fall short (say I get angry with someone, or maybe I tell a "white lie"), I have the tools to be able to clean my side of the street and own up to my mistakes. There lies the practice.

So keep practicing, that way you can continue carrying THIS message to all the addicts (and normies) out there. I need you to, we all do. §

By Larry A.

Statewide Hotline:
1(877) 700-METH **CMAAZ.org**





SCAN HERE TO GET
DIGITAL COPIES OF
THE PIPELINE

DO YOU HAVE SOMETHING TO SAY ABOUT RECOVERY?

CENTRAL ARIZONA DISTRICT

COMMUNICATIONS COMMITTEE

What does Communications do?

The Communications committee handles the flow of information within the CMA fellowship. We do so through maintaining speaker/sponsor lists and publishing The Pipeline on a monthly basis. We are always looking for great writers and artists who can contribute content for us to share!

**For more information, email
editor@cmaaz.org or join us
online:**

2nd Tuesday of the month

7:30 PM on Zoom

Meeting ID: 87848385170



Check out past Pipeline issues at www.cmaaz.org/the-pipeline/

Interested in writing for the Pipeline?

email: editor@cmaaz.org

Questions for Sassy?

email: sassy@cmaaz.org



Mindful Meditation

Traveling brings a New Perspective

Travel is the only thing we buy that makes us richer. Travel gives us a new perspective on life, love, career, our relationships, and our inner journey. Traveling is an adventure that we won't want to miss. Traveling builds our self-esteem as we meet new people, try new foods, take new hikes, cook new meals, buy new books, and extend ourselves outside our comfort zones.

We gain a new perspective on life as we put distance between our everyday life and our trip. We gain a new perspective on love by reflecting on what we can bring to a relationship and the partner we can be and what we are looking for in a partnership.

Traveling gives us new insight on our relationships by reflecting on who adds to our life and who doesn't. We open our selves up and our hearts up to new healthy friendships, new career contacts, and New Romantic partnerships. Traveling opens a portal to our inner journeys and can provide a much needed reset button, peace, wholeness, and serenity.

We make it a point to exercise when we travel so we can get outside and explore nature and take care of our bodies. When we travel and visit friends and loved ones it gives us a chance to deepen those relationships and show gratitude for what they bring to our lives. Traveling brings excitement to a sometimes very routine life and a sometimes mundane everyday experience. Whenever we travel we have something to look forward to and something new to experience. May we always have a trip on our calendars even if it is a day trip outside of the hustle and bustle of the city.

God, we thank you for the luxuries of traveling and may we always grow, change, and stretch our souls through the experience of traveling.

What is a traveling experience that really stretched you outside your comfort zone and that you are eternally grateful for and why or what is an upcoming trip that you are excited about and why? §

Amen. By Eli D.

Crystal Meth Anonymous

Website: **CMAAZ.ORG** | Hotline: **1-877-700-METH** (6384) |
Meeting list published monthly. Times and locations can change.
Please email **Registry@cmaaz.org** for any changes.

Sunday

3:45 pm
Broken Glass
(Big Book Study)
4220 W. Northern
Phoenix, 85051
(The Spot, Inside)

6:00 pm
Broken Glass
4220 W. Northern
Phoenix, 85051
(The Spot, Inside)

7:15 pm
Faith Over Fear
4220 W. Northern
Phoenix, 85051
(The Spot, Inside)

7:30 pm
CMA Rocks
Zoom: 708-3817-889
Password: rockon

7:30 pm
Tweekend Warriors
1200 N. 77th Street
Scottsdale, AZ 85257
(Crossroads Scottsdale)

Monday

6:00 pm
Branching out
(women only)
4220 W. Northern
Phoenix, AZ 85051
(The Spot)

Vineyard Faith Stag
(men only)
6422 N. 65th Drive,
Glendale, AZ 85301
(Vineyard Church)

Old School
4645 W. Bell Rd.
Rm. 10
Glendale, 85308

7:00 pm
Dude, Where's My Bike

2720 E Thomas Rd.
C-160
Phoenix, AZ 85016
Walking Free Again
535 E. Agua Fria Lane
Avondale, AZ 85323

CMA Rocks
7523 N. 35th Ave.
Phoenix, AZ 85051

7:15 pm
Faith Over Fear
4220 W. Northern
Phoenix, 85051
(The Spot)

7:30 pm
New Hope
(LGBTQ)
2622 N. 16th St.
Phoenix, AZ 85006
(Lambda)

8:00 pm
Humble Pie
12838 N 22nd Pl
Phoenix, 85022
(Sweetwater House)

Tuesday

6:00 pm
Tweakers at The Spot
4220 W. Northern
Phoenix, 85051
(The Spot)

6:45 pm
Tweaker's Hope
1200 N. 77th St.
Scottsdale, AZ 85257
(Crossroads Scottsdale)

7:00 pm
Meth Busters
2310 N 56th St., bldg A
Phoenix, 85008
(Valley Alano Club)

7:15 pm
Faith Over Fear
4220 W. Northern
Phoenix, 85051
(The Spot, Outside)

7:15 pm
Broken Glass
4220 W. Northern
Phoenix, 85051
(The Spot, Inside)

7:30 pm
The Meth Lab
8910 N 43rd Ave.#102
Glendale, 85302
(Fellowship Hall)

Wednesday

8:30 am
CMA Rocks
Zoom: 708-3817-889
Password: rockon

6:00 pm
Broken Glass
4220 W. Northern
Phoenix, 85051
(The Spot)

7:00 pm
Valley of the Sun
4430 N 23rd St.
Phoenix 85016
(The New Sun)

7:00 pm
Misfits
1632 E. Flower St.
Phoenix, AZ 85006
(Crossroads)

7:00 pm
CMA Old School
Zoom: 846-438-1362

7:00 pm
The Anchor
(Men Only)
1632 E. Flower St.
Phoenix, AZ 85006
(Crossroads)

7:15 pm
Faith Over Fear
4220 W. Northern
Phoenix, 85051
(The Spot)

7:30 pm
New Hope
(LGBTQ)
2622 N. 16th St.
Phoenix, AZ 85006

| Central Arizona Meetings

Central AZ District CMA - P.O. Box 38243, Phoenix, AZ 85069

age without notice, visit our website for the most current details.

updates. List **updated November 13, 2025**

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Thursday

7:00 pm
Vineyard Unicorns
Women's Meeting
(Women Only)
Text for location
602-501-9978

7:00 pm
Dude, Where's My Bike
4848 S. Central
Phoenix, AZ 85040

7:15 pm
CMA Rocks
7523 N. 35th Ave.
Phoenix, 85051
(Crossroads West)

7:15 pm
Faith Over Fear
4220 W. Northern
Phoenix, 85051
(The Spot, Outside)

7:15 pm
Broken Glass
4220 W. Northern
Phoenix, 85051
(The Spot, Inside)

7:15 pm
The Plug
501 N. Washington St.
Chandler, AZ 85225
(Crossroads Chandler)

7:30 pm
CMA Rocks
Zoom: 708-3817-889
Password: rockon

Friday

9:00 am
Faith over Fear
919 N. Dysart Rd.
Avondale, AZ 85323

10:00 am
Morning Bowls
4220 W. Northern
Phoenix, 85051

6:00 pm
Branching Out
(women only)
4220 W. Northern
Phoenix, 85051

6:30 pm
Tweaker's Hope
online/in person
Zoom ID: 206-236-6677
Password: 488837
4415 S. Rural Rd., Tempe

7:00 pm
Dude, Where's My Bike
1612 E. Ocotillo Rd.
Phoenix, 85016

7:15 pm
Faith Over Fear
4220 W. Northern
Phoenix, 85051

Misfits
8910 N. 43rd Ave. #102.
Glendale, AZ 85302
Crafty Rascals
4220 W. Northern
Phoenix, 85051

8:00 pm
Fresh Grounds
12838 N 22nd Pl
Phoenix, 85022

8:30 pm
Walking Free Again
4220 W. Northern
Phoenix, 85051

Saturday

9:30 am
There is a Way Out
4220 W. Northern
Phoenix, 85051
(The Spot)

11:00 am
Broken Glass
4220 W. Northern
Phoenix, 85051
(The Spot)

2:00 pm
Helping Heroes
Closed Mtg.
(BH Workers)
4220 W. Northern
Phoenix, 85051
(The Spot)

4:00 pm
Reborn from the Ashes
1845 E Ocotillo Rd,
Phoenix, AZ 85016
(Crossroads East)

5:00 pm
CMA Rocks
4220 W. Northern
Phoenix, 85051
(The Spot)

7:00 pm
All Gas No Breaks
4430 N. 23rd Ave.
Phoenix, 85015
(The New Solution)
God Did It
143 S. Center St.
Mesa, AZ 85210
(Crossroads Red Mtn.)

7:30 pm
New Hope
(LGBTQ)
2622 N. 16th St.
Phoenix, AZ 85006

8:00 pm
**Tweakin on Recovery
Now (T.O.R.N.)**
13627 N. 32nd St.
Phoenix, AZ 85032
(Studio 164)

TRADITION 12

"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

We're all in this together!

With tradition 12, we create a safety net of sorts for the fellowship. We allow for a safe place to recover anonymously but, more importantly, it provides a place for addicts to recover safely. This tradition also teaches humility, unity, and service as guiding values within the fellowship. By maintaining anonymity, members protect both their own privacy and the integrity of the group, ensuring that no individual's ego, status, or reputation overshadows the collective purpose of recovery.

Anonymity also serves as a spiritual safeguard, reminding members to focus on shared principles like honesty, compassion, and mutual support rather than personal recognition. It allows everyone—regardless of background—to feel safe, equal, and accepted. Remember, we all

share this disease and are finding the solution for our spiritual malady together. In practice, Tradition Twelve means not revealing another member's identity and avoiding self-promotion, especially in public or media spaces. An example we commonly

forget is posting pictures with friends at recovery events on our personal social media without getting permission from everyone in the picture, for as daunting as that may seem you never know when you can be putting somebody in the line of fire.

Ultimately, this tradition nurtures humility and unity by keeping the focus on recovery rather than personalities. It reminds members that Crystal Meth

Anonymous exists to help all who suffer from addiction, and that through shared anonymity, the fellowship preserves its integrity, spiritual foundation, and collective strength in carrying the message of hope. §

By Morgan R.



SOBERSCOPE

ACCEPTANCE DOES NOT REQUIRE MY APPROVAL.

- Anonymous

Voices of the Fellowship

We need YOUR speaker recording to give hope to the New Comer

Your Experience is desperately needed!

Recording your share is extremely simple, it can be done either:

1. With a voice recorder – If done this way, a waiver must be signed by the individual. Once completed the audio file and waiver can be given to James C. to submit.
2. With audio recorder on your smartphone – If done this way, go to below website and submit using the form and digital waiver.

Hear or Submit at:

<https://www.crystalmeth.org/for-the-fellowship/voices-of-the-fellowship-3/hear-our-stories/>

SPEAKER RECORDING GUIDELINES

1. Recordings should serve the primary purpose to carry the CMA message to the addict who still suffers.
2. Recordings should respect the Traditions and promote the unity and fellowship of CMA.
3. Recordings should respect the diversity of our membership without alienating any particular region or demographic or other fellowship.
4. Recordings should not glorify drugs, sex, criminal activity or contain excessive profanity.
5. Recording should be approximately 15 to 60 minutes.
6. Recordings should be of good listening quality.
7. Recordings should be from a Crystal Meth Anonymous meeting or Recovery Event.
8. All recordings used must be accompanied by a waiver and release form.

For More Questions or Support:

Contact James C – James.Ca@CMAGSO.net

Central District Hospitals & Institutions is asking the fellowship to donate AA and any CMA related books to help the newcomer.

Please reach out to Ashley
E-Mail | ashleyspooner91@gmail.com
Telephone | 480 - 876 - 0167

Help newcomers discover a new freedom. Donate new or used books to help the fellowship.

central District H&I presents

H&I DAY

CHILI

COOK-OFF!

WOULD YOU LIKE TO BE A PART OF OUR CHILI COOK-OFF? WE ARE ASKING A FEW PEOPLE TO SHOW OFF THEIR SKILLS AT OUR H&I DAY FREE EVENT! IF YOU WOULD LIKE TO BE A PARTICIPANT PLEASE REACH OUT TO ASHLEY S @ 480 876-0167

BRING YOUR APPETITE AND JOIN US FOR A DAY OF DELICIOUS FUN! THE EVENT WILL BE ON SATURDAY JANUARY 10, 2026 FROM 12-4 PM AND THE LOCATION IS TO BE DETERMINED.

2X6 12 WAYS TO FIND HOPE ONE MEETING AT A TIME



CMA NEW YEAR'S EVE CELEBRATION

ALICE IN WONDERLAND
THEME

SPEAKER JESSICA W
7102 N 58TH DR
GLENDALE, AZ 85301

WEDNESDAY, DECEMBER 31ST

DINNER: 5:00 PM
MEETING: 8:00 PM
MURDER MYSTERY
LIVE DJ

\$60 BANQUET + \$5 ENTERTAINMENT
(ONLINE)

\$75 AT THE DOOR

DON'T BE LATE – JOIN US DOWN
THE RABBIT HOLE FOR AN
UNFORGETTABLE NEW YEAR'S EVE!

