

# THE PIPELINE

Volume 54

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*Step 2: “Came to believe that a Power greater than ourselves could restore us to sanity.”*

## The Oasis in our Spiritual Desert!

*Once the desert storm ceased and the chaos ended, the remains of our physical and spiritual selves needed some mayor restoration. Crystal Meth dried out our spirit and the insanity of our disease which is based on self-knowledge kept us in a path of self destruction and deeper confusion. The belief that we could be or find the answer to our problems needed to be changed. “Lack of power was our dilemma” (pg. 45 BB). Hope in recovery is what we sought and through the acceptance of our powerlessness is how we are able to turn it over. The program leads the way as we seek other means of survival.*

*The program we follow tells us that we must find that answer in a Power Greater than ourselves. Fortunately the “Realm of the Spirit is broad, roomy, all inclusive” (pg. 46 BB) and through the willingness to believe we begin to live in the solution and we are able to find our space amongst recovery. “Some of us had already walked far over the Bridge of Reason towards the desired shore of faith” (pg. 53 BB).*

*Doubt keeps us from hoping and believing. We live in a spiritual desert, where nothing grows but perishes. When doubt in our Higher Power is set aside along with our preconceptions is when we begin to believe in the possibility that our Higher Power can do for us what we*

*could not do for ourselves. It is not a mirage when we finally walk towards the oasis. Coming to Believe is part of the journey and the result of our willingness to work this spiritual program.*

*The minute I stopped arguing, I could begin to see and feel. Right there Step Two gently and very gradually began to infiltrate my life... To acquire it, I had only to stop fighting and practice the rest of CMA’s program as enthusiastically as I could” (12 and 12 pg. 27). We finally find serenity, freedom and peace. Such process may be gradual but substantial; It is based on spiritual experiences and hope.*

*“Humility and intellect could be compatible, provided we place humility first. When we begin to do that, we received the gift of faith, faith which works. This faith is for you, too.” (12 and 12 pg. 30) Keep turning over your will and life to the Higher Power of your understanding each day and begin to grow a relationship with him and a stronger foundation in sobriety. “This was not only faith; it was faith that worked under all conditions. We soon concluded that whatever price in humility we must pay, we would pay.” (12 and 12 pg 31) for we are worth it.*

Oscar S.



After being in recovery for over a year and a half, I finally entered the rooms of CODA (Codependent's Anonymous) for the first time. My therapist had told me over and over again that NA, CMA, AA were like a master's degree in recovery, but CODA is a doctorate. Little did I realize before starting therapy and CMA that I and my family system were hard-core codependents. I thought everything my family did for me, while very enabling, was love not codependency. Oh, was I wrong! Coinciding with my first experience in CODA was a chance to go see another addiction movie released this year, Ben is Back, starring Julia Roberts and Lucas Hodges.

It's hard to find a family in America that's not touched by addiction epidemic in one way or another and as soon as I heard of this movie, I was in. The troubled-teen genre seems to be a theme this year, with films like Beautiful Boy, starring Timothée Chalamet as a teenage meth addict, and Joel Edgerton's Boy Erased, starring Lucas Hedges as a teen whose parents won't accept that he's gay and push him into a conversion therapy program. After loving the other two, I thought I was in for a similar experience to Beautiful Boy. Ben is Back deals with drug addiction, but I left thinking more about the struggles of codependency and how

addiction can make this family dysfunction even worse.

In the movie, Ben is just 77 days sober when he leaves his sober house to come for Christmas Eve. His mother (Roberts), while visibly nervous and scared portrays happiness upon seeing him even though a year before she had found him face down on the stairs, needle in arm, overdosed. The happiness

while expressed outwardly is masking a quiet, crushing sadness; a sense that something inside this woman died long ago and won't come back. "Call your mother," she blurts out quickly, to an associate of Ben's that they encounter. It's a performance — and a movie — that's a tribute to maternal love. A tribute which my own mother has followed too many times in my own addiction. The movie ends unexpectedly, not like I had envisioned, but gave justice to that fact that each and every one of us only has today. A motto repeated over and over in the rooms of CMA.

I encourage everyone to see this film. Parents should see the movie with their teens and talk about the realistic nature of Ben's addiction and how opioid use/addiction is affecting younger and younger users, especially teens who start off with a real injury and quickly become addicted to their prescribed painkillers. Director Peter Hodges has said he hopes families will feel empathy for the characters and better understand the many misconceptions about addiction and recovery.

Ryan W.

## We Are Family, All My Brother, Sisters, and Me!

*Tradition 2: "For our group purpose, there is but one ultimate authority, a loving God as he may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern."*

A few years after the release of the Traditions, Bill W. went to the first international A.A. convention in 1950, and spoke to all of the attendees in an auditorium, specifically presenting the traditions, solidifying their occupation and their essential bearing to our fellowship as well as handing over Bill's authority to God and the members of A.A. Tradition 2 was mentioned.

Ensuring no one but a higher Power is in control, we balance our community with temporary, elected service positions, and home group meetings where any member may attend, and have his or her own say. And of course, using their example, we follow the same model in CMA.

By dispersing the power we share and then relying on a Higher Power, we provide greater options to our fellowship than even our state or national government committees enjoy. First and foremost, if the fellowship were in need of making any great shifts or changes in form or

function, we can, through tradition 2, allow these opportunities to manifest themselves. It comes out of a willingness for our Higher Power's will to be done, as opposed to a president or a deacon's will being imposed. It frees us from the calamity of human will and its monopoly over power that can withhold us from the will of God.

Secondly, it gives everyone in the program an equal part. In The Twelve Steps and Twelve Traditions, Bill W. had the opportunity to take control of A.A., and chose not to through the counsel of the fellowship, years later eternally grateful that he had listened (p. 137-138). By giving everyone equal say, and placing the ultimate decision within group conscience, and thus God, we empower the group into a position where equality, one of the greatest virtues ever taught, can breed and grow. What better way to move into the future than this!

Rich B

## Wanna Write????

Have ideas for The Pipeline, want to write, know someone who's story needs to be told or heard by to help the still struggling addict, contact Ryan W. at wampyry86@hotmail.com. We as the CADI's Communication team are always here to help spread the message and to find new ways to make The Pipeline an interesting resource for the fellowship. We have had an amazing past few months exploring new ways to improve this tool and had the fortune of working with people from all walks of the CMA fellowship, new and old, to write. Don't be scared to tell your story, we have trained journalists and writers on hand to help with anyone that is having a hard time getting their core message across.

# Crystal Meth Anonymous | Central Arizona Meetings

## Sunday

5:30 pm  
**No More G**  
8615 E Main Street Lot F97  
Mesa, 85207

7:00 pm  
**The Young and the Methless**  
2610 W McLellan  
Phoenix, 85017

7:00 pm  
**Backyard**  
4012 S Central Ave  
Phoenix, 85040

7:15 pm  
**No Half Measures**  
545 E Palm Park Blvd  
Casa Grande, 85122

7:15 pm  
**Misfits**  
2601 E. Paradise Ln  
Phoenix, 85032 (K)

7:21 pm  
**Tweezerz-A-U's**  
5143 N 28<sup>th</sup> Dr  
Phoenix, 85017

7:30 pm  
**Break the Ice**  
5116 E. Thomas Rd  
Phoenix, 85018

8:00 pm  
**Life or Meth Squad**  
9430 N 11th Ave  
Phoenix, 85021

8:15 pm  
**CMA Rocks**  
7523 N. 35th Ave  
Phoenix, 85051

8:30 pm  
**Unspun**  
4430 N 23rd Ave  
Phoenix, 85015

## Monday

6:30 pm  
**Life or Meth Squad**  
9430 N 11th Ave  
Phoenix, 85021

6:45 pm  
**Sundown Shinedown**  
13627 N 32<sup>nd</sup> St  
Phoenix, 85032

7:00 pm  
**CMA in the Pit**  
2601 E Paradise Ln  
Phoenix, 85032

7:15 pm  
**Branching Out**  
7523 N. 35th Ave  
Phoenix, 85051  
(Women only)

7:30 pm  
**Misfits**  
244 N. Extension R.  
Mesa 85201

7:30 pm  
**Spun-N-Done**  
7523 N. 35th Ave  
Phoenix, 85051

7:30 pm  
**New Hope**  
2622 N. 16th St  
Phoenix, 85006 (LGBT)

8:00 pm  
**Humble Pie**  
12838 N 22nd Pl  
Phoenix, 85022

8:00 pm  
**No Half Measures**  
545 E Palm Park Blvd  
Casa Grande, 85122

## Tuesday

6:30 pm  
**CMA Rocks**  
9625 W Sahuaro Dr  
Peoria, 85345

7:30 pm  
**Broken Glass**  
1626 W Denton Ln  
Phoenix, 85015

7:30 pm  
**Misfits**  
4415 S Rural Rd  
Tempe, 85282

8:00 pm  
**The Meth Lab**  
8910 N 43<sup>rd</sup> Ave #102  
Glendale, AZ 85302

8:30 pm  
**Methican American**  
1632 E. Flower St  
Phoenix, AZ 85016  
(Women only)

## Wednesday

6:00 pm  
**Service Junkies**  
6501 N. 39<sup>th</sup> Ave. Phoenix  
85019

6:15 pm  
**Valley of the Spun**  
4430 N 23rd Ave  
Phoenix, 85015

6:45 pm  
**Broken Glass**  
13627 N 32<sup>nd</sup> St  
Phoenix, 85032

7:15 pm  
**Misfits**  
1632 E Flower  
Phoenix, 85017  
(Open to Men & Women)

7:30 pm  
**New Hope**  
2622 N. 16th St.  
Phoenix, 85006 (LGBT)

8:00 pm  
**Kicking Tina**  
749 W 2<sup>nd</sup> St  
Mesa, 85201  
(Open / LGBT)

## Thursday

7:00 pm  
**The After Party**  
1124 N. 3rd St.  
Phoenix, 85004

7:00 pm  
**One Day at a Time**  
2601 E. Paradise Ln  
Phoenix, 85032

7:00 pm  
**Tweezer for Life**  
4430 N 23<sup>rd</sup> Ave  
Phoenix, 85013

7:30 pm  
**Position of Neutrality**  
13627 N 32<sup>nd</sup> St  
Phoenix, 85032

7:30 pm  
**Tweezer's Paradise**  
2720 E Thomas Rd  
Phoenix, 85016

## Friday

6:30 pm  
**Tweezer's Hope**  
4415 S Rural Rd.  
Tempe, 85282

7:00 pm  
**Sundown Shenanigans**  
2610 W McLellan  
Phoenix, 85017

7:00 pm  
**The Trenches**  
545 E Palm Park Blvd  
Casa Grande, 85122

7:00 pm  
**Fidget Spinners**  
143 S. Center St.  
Mesa, AZ 85210

7:15 pm  
**Misfits**  
8910 N 43<sup>rd</sup> Ave #102  
Glendale, AZ 85302

8:00 pm  
**Fresh Grounds**  
12838 N 22nd Pl  
Phoenix, 85022

8:30 pm  
**CMA Rocks**  
13627 N 32nd St.  
Phoenix, AZ 85032

## Saturday

8:00 am  
**Valley of the Spun West**  
6609 W Ocotillo Rd  
Glendale, 85301

9:30 am  
**There is a Way Out**  
8607 N 59th Ave  
Phoenix, 85302

4:45 pm  
**Knuckleheads**  
8607 N 59<sup>th</sup> Ave  
Glendale, 85302

5:00 pm  
**Shattered Glass**  
10427 N. Scottsdale Rd.  
Scottsdale, 85253

6:00 pm  
**Shot Out**  
4430 N 23rd Ave  
Phoenix, 85015

7:00 pm  
**The Dope Show**  
3702 N 13<sup>th</sup> Ave  
Phoenix, 85013

7:15 pm  
**The Misfits**  
13627 N 32<sup>nd</sup> St  
Phoenix, 85032

8:15 pm  
**Crystal Clean**  
4430 N 23rd Ave  
Phoenix, 85015

Meeting list published quarterly. Times and locations can change without notice, please phone or visit our website for the most current details.

Please email John at [jjnomo7517@gmail.com](mailto:jjnomo7517@gmail.com) for any updates.

Website: [CMAAZ.org](http://CMAAZ.org) | Hotline: 602-235-0955 | List Updated: January 8, 2019

## The Sassy Sponsor

Dear Sassy Sponsor,

Why does it say, "The only requirement for membership is a desire to stop using," yet in the Big Book on page 24, it says "At a certain point in the drinking of every alcoholic, he passes into a state where the most powerful desire to stop drinking is of absolutely no avail"?

Signed, West Phoenix Wally

Dear Overthinker,

Me thinks you are confusing two issues here. Actually, I know you are. Let's look:

"The only requirement for membership is a desire to stop using." This means I don't have to be abstinent to be a member of CMA, and we can't kick anyone out for their inability to remain abstinent. If you say you want to stop using, you're welcome here. Even if you're high.

The Big Book is talking about something else: powerlessness. It's saying there comes a point in the using career of every addict where they will want (desire) to stop using and be unable to do so. That's a great definition of powerlessness, isn't it? "If, when you honestly want to, you find you cannot quit entirely... you are probably alcoholic." (p. 44) (or an addict, whatever, same thing).

You can desire to stop using and be a member of CMA. But good luck leveraging that desire to produce any long-term, sustainable results. You need a spiritual experience.

All my love, Sassy

## Service Committees

The 12th Step instructs us to put our principles into action by carrying the message of recovery to the addict who still suffers. The CMA Service Structure provides opportunities for accomplishing this. Come to a committee meeting and find one that's right for you!!

Hospitals & Institutions - 1st Tues., 7:00pm  
Jerry's Restaurant, 2323 E. Thomas Rd. Phoenix

Public Info & Outreach - 4th Tues., 7:00pm  
Jerry's Restaurant, 2323 E. Thomas Rd., Phoenix

Central District (CADL) - 3rd Tues. - 7:30pm  
Fellowship Hall, 8910 N 43rd Ave #102, Glendale

Communications - 2nd Tues., 7:00 pm  
Freedom Hall, 2720 E. Thomas, Ste. C160

Events & Fundraising - 1st Wed., 7:30pm  
MY House, 7625 N. 39th Ave., Phoenix

Literature - 4th Tues., - 7:00 pm  
U-Can-2, 8607 N 59th Ave #D, Glendale

## CMA Events

March 8-10, 2019

12 Step Experience in the Pines

Step Presenters, Recovery Music, Mediation Workshop,  
Entertainment/Games

Friendly Pines Camp  
933 E. Friendly Pines Rd., Prescott, AZ 86303

Pricing includes food and lodging. \$140

<https://12stepexperience.wixsite.com/mysite>

## Single and Sober!

The road to recovery is one that requires focus, time, and determination. During this journey of re-discovery, a person must be in the right mindset in order to yield successful results.

Despite popular beliefs, jumping into a romantic relationship in the early stages of recovery might not be a healthy decision.

Many individuals on the road to sobriety assume that settling down and finding someone to share their happiness with while on their sober path is the next step, however, this can sometimes prove to be misguided.

In fact, most Alcoholics Anonymous groups will purposely assign same-sex sponsors to those in recovery, as romantic relationships are to be avoided during this time.

Yes, it is possible for a romantic relationship to succeed when you are newly sober, however, studies show that most romantic relationships that occur within the first year of sobriety take a turn for the worse.

The main reason why romantic relationships fail during recovery is due to the vulnerability factor. Since sobriety is a new concept to most people, they have a lot of growing and learning to do during this time.

As someone in recovery develops healthy habits and coping mechanisms to fight off cravings and conquer addiction, it's important to have plenty of

## Why So Many Relationships Fail in Early Recovery

space and room to grow. Jump starting a romantic relationship at this time will not provide the space needed to grow as an individual.

If love does come along and it is impossible to resist, it's important to choose a partner that is also just as committed to recovery. When being serious about sobriety, it is imperative to not invite any outside influences in that may negatively impact recovery. Each emotional encounter during this time will be more difficult to handle, as most people are still finding their way within their new identity.

For those already in a relationship as they begin recovery, it may become more difficult to manage. A partner must be completely invested in sobriety and understand all the phases of recovery.

Most importantly, both people in the relationship must have sobriety as a top priority and understand the importance of walking away if anything affects the ability to continue on the path to a true self. Anyone that loves a person in recovery and has their best interests in mind will understand the importance of working on sobriety before working on a relationship.

Sometimes though, two people meet and the stars just happen to align and things begin to move in a more intimate direction. If it feels right and becomes inspirational, by all means explore the possibilities. If that happens, understand that there are some ways to ensure it continues in a positive direction.



## PRESENTERS

STEP 1

TARA S. & ALEX G.

STEP 2

MEGAN K. & ANTHONY  
T.

STEP 3

RACHEL L. & BOOKER B.

STEP 4 AND 5

JESSICA R. & TREVOR  
C.

STEP 6 AND 7

ASHLEY K. & TYLER Z.

STEP 8 AND 9

DANICKA S. & GLEN C.

STEP 10

ELISA K. & CLIFFORD  
M.

STEP 11

SHARMYN T. & KENNY  
G.

STEP 12

YVONNE W. & ERIC O.

## REFRESHMENTS

INCLUDING

SNACKS

ENERGY DRINKS

AND

KRAZY KOFFEE

# CMA

Presents



## CMA 12 Step Experience in the Pines

March 8-10, 2019

Friendly Pines Camp

933 E. Friendly Pines Rd.

Prescott, AZ 86303

CONTACTS FOR QUESTIONS

DAVID D. - (623) 205-2906

MARY M. - (602) 487-1763

BRYAN M. (480) 584-2806

LINDSEY S. - (480) 363-1178

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AND

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Click on tag below, Venmo Search: Central District Intergroup  
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