

THE PIPELINE

Volume 1, Issue 1

The Official Newsletter of Arizona Central District CMA

January 2014

WELCOME TO THE ARIZONA CMA NEWSLETTER

BY MEREDITH H., EDITOR

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HI MY CMA FAMILY, THE COMMUNICATIONS COMMITTEE HAS DECIDED TO PUT OUT A MONTHLY NEWSLETTER CALLED THE PIPELINE. THE PIPELINE WILL GO OUT ONCE A MONTH AT DISTRICT OR INTERGROUP. WE WILL BE PUTTING IN A CALENDAR, SHORT STORIES, BIRTHDAYS, AND ANNOUNCEMENTS OF HELP WANTED, SERVICE COMMITMENTS AND MORE.

WE ARE ASKING HOME GROUPS TO HAVE THEIR GSR PRESENT ON THE THIRD TUESDAY OF EVERY MONTH AT FELLOWSHIP AT 7:30 PM TO TAKE THE NEWSLETTER BACK TO THE HOME GROUPS. WE WOULD LIKE EVERYONE TO GET INVOLVED; IF YOU HAVE SOMETHING TO ADD, PLEASE CALL ME AT (602) 980-0259 OR EMAIL ME AT PIPELINE@CMAAZ.ORG.

PLEASE SUBMIT ALL INFORMATION FOR THE FOLLOWING NEWSLETTER BY THE FIRST TUESDAY OF THE MONTH'S COMMUNICATIONS COMMITTEE MEETING ON FEBRUARY 4, 2014.

NEW YEAR MEDITATION

A NEW YEAR'S RITUAL: GET CLEAR, THEN SURRENDER

GABRIELLE BERNSTEIN | POSTED 02.28.2012 | HEALTHY LIVING

“EACH NEW YEAR I SET POWERFUL INTENTIONS THAT WILL STRENGTHEN MY SPIRIT JUNKIE MENTALLY AND BE OF HIGH SERVICE TO THE WORLD.”

NEW YEAR'S EVE PARTY ROCKS PHOENIX

BY MEREDITH H.

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LAURA N, CHAIR OF THE NEW YEAR'S EVE EVENT, SAID THIS ABOUT THE EVENT: “I THINK IT WAS AMAZING. I LOVE THE NEW VENUE, AND THERE WAS A LOT OF ROOM FOR THE KIDS TO PLAY IN THE BACK. EVERYTHING WENT JUST AS PLANNED AND WAS VERY SUCCESSFUL.” I HAVE TO AGREE WITH HER; THIS YEAR THE EVENT SEEMED TO BRING IN A NEW CROWD PLUS THE OLD ONE. I WAS AMAZED, TO SEE PEOPLE WITH NEW SOBRIETY COME TO THE EVENT AND RING IN THE NEW YEAR SOBER. AS ALWAYS, THE FOOD WAS DELICIOUS. OUR HATS OFF TO THE COOKS. THIS WAS MY THIRD TIME GOING TO THIS EVENT, AND I FEEL THAT IT WAS COMFORTABLE, FUN AND PERFECT. THANK YOU NEW YEAR'S EVE COMMITTEE FOR PUTTING ON THE EVENT. IT WAS WONDERFUL!

WELCOME FROM COMMUNICATIONS

BY CLIFFORD M., COMMUNICATIONS COMMITTEE CHAIR

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WELCOME TO THE PIPELINE! WE ARE ALL VERY EXCITED ABOUT THIS NEWSLETTER AND REACHING OUT TO THE FELLOWSHIP. THIS NEWSLETTER WILL BE A GREAT OPPORTUNITY FOR ALL OF US TO SHARE WHAT IS GOING ON IN THE STATE, THE REGION AND IN OUR DISTRICT.

WE NEED YOUR ASSISTANCE IN NURTURING OUR SUCCESS. AS WE GROW AS A FELLOWSHIP, WE NEED TO ENSURE THAT INFORMATION CAN FLOW FREELY WITHIN OUR RANKS. I ENCOURAGE ALL OF YOU TO PARTICIPATE IN YOUR NEWSLETTER. WE ARE A NETWORK OF AMAZING MEN AND WOMEN, WITH CREATIVE IDEAS AND FABULOUS STORIES.

LET'S EMBRACE THIS NEW BEGINNING AND BE GRATEFUL FOR A POWER GREATER THAN OURSELVES WHICH LEADS US ALL TO NEW PATHS TO EXPERIENCE TOGETHER!

SERVICE COMMITTEE MEETINGS:

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COMMUNICATIONS | 2/4/2014 | 5PM
PUBLIC INFORMATION | 2/4/2014 | 6PM
HOSPITALS & INSTITUTIONS | 2/4/2014 | 7PM
THE ABOVE THREE COMMITTEES MEET AT THE SAME PLACE:
JERRY'S RESTAURANT AT (2323 E THOMAS RD)

EVENTS & FUNDRAISING | 2/5/2014 | 7:30PM
FELLOWSHIP HALL AT (12428 N. 28TH DR.)

CENTRAL AZ DISTRICT | 2/18/2014 | 7PM
FELLOWSHIP HALL AT (12428 N. 28TH DR.)

12-STEPS IN THE PINES | 1/30 & 2/14 | 7PM
MY HOUSE AT (7625 N. 39TH AVE)
CHAIR CECILIA Y. (602) 980-9260

2014 CONVENTION: | 1/31 & 2/14 | (8PM)
BRYAN M. (HOME) (480) 584-2806

FELLOWSHIP

NO HALF MEASURES HOME GROUP IN CASA GRANDE
3 YEAR ANNIVERSARY CELEBRATION!!!!
FEBRUARY 1ST 12:00 - 4:00 PM @ DAVE WHITE REGIONAL
PARK 2121 N. THORNTON RD RAMADA D.
COOKOUT! MUSIC! SPEAKER MEETING FOOD FUN AND
FELLOWSHIP
MORE INFO CONTACT STEPHEN (520) 709- 9028

HELP WANTED: SERVICE COMMITMENTS

*FOR SOBER MEMBERS OF THE FELLOWSHIP WILLING TO WORK STEP
12 BY HELPING ANOTHER ADDICT.*

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NEEDED: SOMEONE TO DELIVER THE PIPELINE TO CLUB
HOUSES, RECOVERY HOMES AND OTHER FACILITIES. APPLY ON
2/4/14 AT COMMUNICATIONS COMMITTEE MEETING. 5:00PM
AT JERRY'S RESTAURANT.

PLEASE: ASK YOUR HOME GROUP TO ELECT A PUBLIC
INFORMATION LIAISON TO ATTEND COMMITTEE MEETINGS ON
1ST TUESDAYS AS WELL AS PERFORMING OUTREACH FOR YOUR
GROUP. FREE TRAINING!! EMAIL AZPIO@CMAAZ.ORG FOR
MORE INFORMATION OR PHONE MIKESTER: 602 492 4201

*IF YOU WOULD LIKE TO ADVERTISE YOUR SERVICE COMMITMENT,
PLEASE SEND THE AD TEXT TO PIPELINE@CMAAZ.ORG*

PRISON: "THE BEST THING EVER"?

OPINION EDITORIAL | BY MIKESTER, 1 YEAR

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HOW MANY TIMES HAVE YOU HEARD SOMEBODY SAY JAIL OR
PRISON IS THE BEST THING THAT EVER HAPPENED TO THEM?
THE BIG BOOK TEACHES US THAT ADDICTION IS AN ILLNESS.
SINCE WHEN IS GETTING SICK A CRIMINAL ACT? SO, HOW IS
PUTTING AN ADDICT IN A CAGE "THE BEST THING THAT EVER
HAPPENED" TO THEM? ISN'T **RECOVERY** THE BEST THING
THAT EVER HAPPENED TO THE ADDICT? AND ISN'T **GOD** THE
ONLY POWER THAT CAN HELP AN ADDICT RECOVER?

THIS MATTERS BECAUSE ACCURATE INFORMATION ABOUT THE
FELLOWSHIP MUST BE AVAILABLE AT ALL TIMES TO THOSE
OUTSIDE THE FELLOWSHIP. WE MUST BE CAREFUL NOT TO
EXPRESS AN OPINION (ESPECIALLY ONE THAT CONTRADICTS THE
BIG BOOK) ON OUTSIDE ISSUES SUCH AS CRIMINAL PENALTIES
FOR THE DISEASE OF ADDICTION.

MIRACLES OF THIS PROGRAM

BY CECILIA Y, TWO YEARS CLEAN

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HELLO MY NAME IS CECILIA Y. AND I AM A RECOVERED
ADDICT, BY THE GRACE OF GOD I AM ALIVE. I ALLOWED MY
DISEASE TO TAKE ME AWAY FROM FAMILY, FRIENDS, MY
CHILDREN, AND IN THE PROCESS I LOST MYSELF. THERE ARE
SO MANY REASONS WHY I USED. THE MORE I USED MY LIFE
GOT WORSE. I HATED MYSELF. I COULD NOT STAND THE
SOUND OF MY OWN VOICE. I WANTED HELP. I COULD NO
LONGER LIVE THIS WAY.

I HAD WOMEN IN THE PROGRAM WHO STILL BELIEVED IN ME.
ON 12/11/11, I CHECKED INTO A HALFWAY HOUSE, GOT A
SPONSOR, A SERVICE COMMITMENT AND DID THINGS I DID NOT
WANT TO DO. IN DOING ALL THESE THINGS, LIKE LOOKING AT
WHO CECILIA REALLY WAS, I SOMEHOW STARTED TO LOVE
MYSELF, WORKED MY STEPS AND I SURRENDERED TO GOD.

I MADE AMENDS TO THOSE I HURT IN THE PAST, INCLUDING MY
CHILDREN WHO ARE 20 & 21 YEARS OF AGE, ARE NOW IN MY
LIFE AND I HAVE A RELATIONSHIP WITH THEM TODAY, AS WELL
AS MY GRANDSON. GOD HAS TOTALLY CHANGED MY LIFE. I
AM A MIRACLE, I HAVE PURPOSE, AND I NO LONGER WANT TO
DIE. DUE TO THE MIRACLE OF THE STEPS I NO LONGER HAVE A
OBSESSION TO USE: TODAY I AM A BETTER FRIEND, SISTER,
MOTHER, DAUGHTER AND GRANDMOTHER.