



## WHAT IS CRYSTAL METH ANONYMOUS?

Crystal Meth Anonymous is a fellowship of people for whom crystal meth has become a serious problem.

The members of Crystal Meth Anonymous meet regularly, share support and fellowship, and create a safe environment in which to stay clean.

The fellowship advocates complete abstinence from crystal meth, alcohol, inhalants ... any medication taken not as prescribed, as well as all other mind-altering substances.

Prayer and meditation are important parts of our program. Some of us are suspicious at first, fearing that we will be made to believe certain things. We may also react to our past experiences with organized religion.

This is a spiritual program, but we can de-fine for ourselves the nature of our personal relationship with spirituality. For now, we can accept that something has helped many people stay clean and sober. We will begin to define our relationship with spirituality as we work The Twelve Steps with a sponsor.

(Rev. 10/3/2015)

### Southern Arizona District Crystal Meth Anonymous Meetings

#### Monday

**7:30 PM “Speed Bump” (S)(O)**  
Pima Alano Club Annex  
4405 E Pima St, Tucson, AZ 85712

#### Tuesday

**7:30 PM “Crystal Clear” (S)(O)(FS)**  
Northwest Alano Club  
3120 W Curtis Rd, Tucson, AZ 85705

#### Wednesday

**7:30 PM “Crystal Method” (S)(O)**  
Pima Alano Club Annex  
4405 E Pima St, Tucson, AZ 85712

#### Thursday

**7:30 PM “Crystal Clear” (S)(O)(FS)**  
Northwest Alano Club  
3120 W Curtis Rd, Tucson, AZ 85705

**6:00 PM “Serenity Seekers” (NS)**  
1st United Methodist Church  
10th St & 10th Ave, Safford, AZ 85564

#### Friday

**6:00 PM “Serenity Seekers” (NS)**  
1st United Methodist Church  
10th St & 10th Ave, Safford, AZ 85564

### Southern Arizona District Crystal Meth Anonymous Meetings

#### Saturday

**5:30 PM “Tweekenders” (NS)(O)**  
Water of Life Church  
3269 N Mountain Ave  
Tucson, AZ 85711

**6:00 PM “Serenity Seekers” (NS)**  
1st United Methodist Church  
10th St & 10th Ave  
Safford, AZ 85564

S = Smoking NS = Non-Smoking  
FS=Fireside O = Open

#### CMA Service Meetings

**Southern Arizona District Committee Meeting**  
1<sup>st</sup> Saturday of every month at 7:00 PM  
Water of Life Church  
3269 N Mountain Ave  
Tucson, AZ 85711